Risotto with Shrimp and Peas

Ingredients

Broth

- 2 cups shells from shrimp (approx.)
- 1 small yellow onion, quartered
- 1 rib celery, quartered
- 3 parsley sprigs (optional)
- 6 cups water
- 1 Tbsp salt

Risotto

- 3 Tbsp unsalted butter (divided)
- 1 Tbsp oil
- 1/3 cup, finely minced onion
- 1 garlic clove, finely minced
- 1½ cups Arborio rice
- ½ cup dry white wine
- 12 oz small shrimp, shelled and deveined (reserve shells for broth)
- ½ cup uncooked peas (fresh or frozen/defrosted)

Preparation

Broth (to be completed before cooking risotto)

- 1. Combine all ingredients in a large stockpot on high heat
- 2. Bring to a boil (skimming any foam from the top)
- 3. Turn heat to low
- 4. Simmer for 20 minutes
- 5. Strain for adding to the risotto

Risotto

- 1. In a heavy 4-quart pot, heat 2 tablespoons butter and the oil over moderate heat
- 2. Add the onion and garlic and sauté 1-2 minutes (avoid browning the onion)
- 3. Add the rice, stir with a wooden spoon until the rice is well coated, about 1 minute
- 4. Add ½ cup of the broth, stirring frequently to avoid sticking, until almost absorbed
- 5. Continue adding the broth ½ cup at a time until almost absorbed, for about 10 minutes
- 6. Stir in the shrimp, then continue adding broth as before
- 7. After about 8-10 minutes, add the wine, stirring until completely absorbed
- 8. Add about ¼ cup broth, 1 tablespoon butter, and the peas, stirring vigorously
- 9. Serve immediately

